Editorial Content

Mental Health News is an award-winning, quarterly nonprofit newspaper. Founded in 1999, Mental Health News covers a wide range of important topics relevant to the mental health community, including the latest science, research, and evidence-based therapeutic information. Articles from many of the mental health community’s leading minds and organizations are featured in each issue. Mental Health News distributes thousands of free copies of each exciting issue directly to consumers, families, and treatment professionals in the field. In addition, every issue of Mental Health News is provided in its entirety for free reading on the Mental Health News website, www.mhnews.org.

Recent Issue Themes

Perspectives from Policy Leaders on the Transition to Managed Care (Spring 2014)
Living With Emotional and Physical Pain (Winter 2014)
Housing and Employment: How Are We Doing? (Fall 2013)
Mind Over Body: Understanding and Treating Eating Disorders (Summer 2013)
Moving the Mental Health System Towards a Person Centered, Recovery Oriented Approach (Spring 2013)
Understanding and Treating Posttraumatic Stress Disorders (Winter 2013)
Addressing the Medical Needs of People with Mental Illness and Substance Use Disorders (Fall 2012)

Some of the Organizations Featured in Mental Health News

National Institute of Mental Health; New York State Psychiatric Association; New York State Office of Mental Health; New York City Department of Health and Mental Hygiene; Nassau County Department of Mental Health; Westchester County Department of Community Mental Health; Institute for Community Living; FEGS Health and Human Services System; The Coalition of Behavioral Health Agencies; The Bridge; Services for the Underserved; The Center for Career Freedom; MHA’s of NYC/Westchester/Rockland/Nassau; NAMI’s of NYC/Westchester/Rockland; New York Presbyterian Hospital; Jewish Board of Family and Children’s Services; St. Joseph’s Medical Center; Staten Island Mental Health Society; Silver Hill Hospital; Four Winds Hospital; Search for Change; Westchester Jewish Community Services; and many more...

Mental Health News - Board of Directors

Peter D. Beitchman, DSW, Chairman
Jorge R.. Petit, MD, Chairman Elect
Barry B. Perlman, MD, Vice-Chairman
Peg Moran, LMSW, Secretary
Alan Trager, LCSW, Treasurer

Mental Health News - Contact Information

Ira H. Minot, LMSW, Founder and Executive Director
Mental Health News Education, Inc.
460 Cascade Drive
Effort, PA 18330

Phone: (570) 629-5960
Fax: (570) 629-0148
Email: iraminot@mhnews.org
Website: www.mhnews.org

Addressing the Need
To Provide Vital Mental Health Education to The Community
Our Readers Are:

Highly Educated

Very Accomplished

Youthful

Predominately Female

Almost 3 out of 4 MHN Readers are “Very Satisfied”

160,000 Readers Throughout the USA

Where Our Readers Live and Work

Reader Involvement and Penetration is Outstanding and Pass-along Rate is Excellent

- 69% Passed along the Newspaper to Others
- 89% Marked or clipped Articles for Peers to Read
- 49% Clipped an Article for Your Own Files
- 48% Discussed an Article with Staff or Students
- 15% Quoted an Article in a Speech or Memo
- 61% Usually Read Each Issue Cover-To-Cover
- 61% Read Three or Four of the Last Four Issues
- 33% At Your Site what percent read MHN?
- 12 People at your Site who read MHN?

- 85% Scientific & Evidence-Based Practices
- 82% Government Policies & Regulations
- 81% Consumer Issues
- 83% Interviews with Leaders
- 80% Model Programs

All of our News Topics were Rated “Excellent” or “Very Good” by 4 out of 5 of Our Readers
Mental Health News
2013/2014 Theme and Deadline Calendar

Summer 2013 Issue:
“Mind Over Body: Understanding and Treating Eating Disorders”
Deadline: April 23, 2013

Fall 2013 Issue:
“Housing and Employment: How Are We Doing?”
Deadline: July 23, 2013

Winter 2014 Issue:
“Living With Emotional and Physical Pain”
Deadline: October 23, 2013

Spring 2014 Issue:
“Perspectives from Policy Leaders on the Transition to Managed Care”
Deadline: January 23, 2014

To Submit an Article or Advertisement
Call Us Today: (570) 629-5960
Or Email: iraminot@mhnews.org

Advertise Your Organization’s Vital Programs and Services in Mental Health News
And Reach our Over 160,000 Dedicated Readers
Recovery from mental illness is possible but it takes a community of support.

Mental Health News features science, research, information, education, advocacy, and resources available in the community that adhere to science-based standards.

Learn how Mental Health News can help provide your organization or community group with an affordable and trusted source of mental health education.

Call us today at (570) 629-5960 or visit our website at www.mhnews.org